



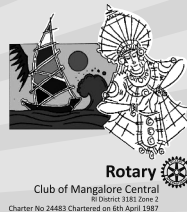
CREATE HOPE
in the WORLD

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The Official Bulletin of the

ROTARY CLUB OF MANGALORE CENTRAL

CENTOR



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22nd July 2023 to 28th July 2023

**"PROPER NUTRITION AND PROPER HEALTH CHECK UPS ARE NECESSARY TO
MAINTAIN MATERNAL AND CHILD HEALTH" - PROF DR. SHARAN PAL, PROF OF OBG,
KANACHUR INSTITUTE OF MEDICAL SCIENCES**

Addressing the members of our club in the weekly club meeting held at Hotel Moti Mahal on Friday, the 21st of July 2023 at 8.00 p.m. Prof Dr. Sharan Pal, Prof of the department of OBG, Kanachur Institute of Medical Sciences Natekal spoke elaborately, on various aspects, of Maternal and Child Health. Her talk was a part of observation of Maternal and Child Health month by our club. She also released the weekly centor. She was presented a memento by Ann PHF Suchitra Kudva, PDG MPHF Rtn Dr. B. Devadas Rai introduced her to the audience. Ann Prameela Shetty rendered the invocation. Club President Rtn Rajesh Shetty welcomed and conducted the meeting. Club Secretary Rtn PP PHF Ravi Jalan made the announcements. Rtn Prashanth Kumar rendered the vote of thanks. The formal meeting was followed by National Anthem.

**CLUB MEMBERS PLANT 25 SAPLINGS IN THE PREMISES OF
CANARA VIKAS GROUP OF INSTITUTIONS**

Our club jointly with Canara Vikas Group of Institutions Padavinangady planted 25 saplings in the campus of Canara Vikas Group of Institutions at 10.30 a.m. on Wednesday, the 19th of July 2023. Present on the occasion were PDG MD Rtn Ranganath Bhat (RC Mangalore Metro). Our Club President Rtn Rajesh Shetty, Club Secretary Rtn PP PHF Ravi Jalan, Rtn PP PHF Rajgopal Rai, Rtn IPP Sai Baba Rao, Rtn Jagannath Shetty, Rtn Rajesh Seetharam, Rtn Brian Pinto, Rtn Pradeep Kulal, Rtn Bhasker Rai, Mr. Vaman Kamath, Mr. P. Shridhar and Mr. Prashanth Pai. The total expenses of the project were Rs. 7,000/- (Borne by Rtn Rajesh Shetty. We thank him!)

**OUR CLUB PRESIDENT RTN RAJESH SHETTY INSTALLS RTR AVINASH KULAL
AS THE PRESIDENT AND RTR VARUN RAI AS THE SECRETARY OF THE
ROTARACT CLUB OF MANGALORE CITY IN A FUNCTION
HELD AT EDEN CLUB ON 25.07.2023**

Our Club President Rtn Rajesh Shetty installed the new team of Office Bearers of the Rotaract Club of Mangalore City (sponsored by our club) led by President Rtr Avinash Kulal and Club Secretary Rtr Varun Rai to office in a function held at Eden Aquatic and Sports Foundation Nanthoor on Tuesday, the 25th of July 2023 at 8.00 p.m. Present on the occasion were Rotaract Club President 2022-23 Rtr Arjun Prakash, DRR RID 3181 2023-24 Rtr Rahul Acharya and Chairman of the Rotaract Club PDG MPHF Rtn Dr. B. Devadas Rai.

LEVEL -I AND LEVEL -II TRF TRAINING SEMINAR RID 3181 2023-24

The level-I and II, The Rotary Foundation seminar RID 3181 2023-24 was held at Rotary Bala Bhavan Mangaluru on Sunday, the 23rd of July 2023 from 9.00 a.m. - 1.00 p.m. The programme was inaugurated by Rtn PDG Manjunath Shetty (RID 3190). The faculty included RID 3181 Governor 2023-24 Rtn H.R. Keshav, RID 3181 Governor 2024-25 Rtn Vikram Datta, RID 3181 Governor 2025-26, Rtn Ramakrishna, Rtn PDG Krishna Shetty, PRID Rtn Dr. Bharath Pandya (RID 3141), Mrs. Bhavana Sharma, Rtn Dr. Sooryanarayana, Rtn SK Sanjay. The event was organized by RC Mangalore North 100 delegates participated in the event. Our club was represented by Club President Rtn Rajesh Shetty, Club Secretary Rtn Ravi Jalan, Rtn IPP Sai Baba Rao and Rtn Dr. Manjunath Revankar.

ROTARY INFORMATION- JULY- MATERNAL AND CHILD HEALTH MONTH

MEMBERS/ANNS/ANNETS/JOHNS/LORDS IN THE NEWS

- PDG MPHF Rtn Dr. B. Devadas Rai installed the team of office bearers of RC Deralakatte for the year 2023-24 in a function held at Eden Aquatic and Sports Foundation Nanthoor on Tuesday, the 25th of July 2023 at 8.00 p.m. Many Congratulations Rtn Dr. Rai!
- Ann Geetha Rai (W/o of Rtn Bhasker Rai) was installed as the President of Inner Wheel Club, Mangalore North in a function held at Rotary Bala Bhavan Mangaluru on Saturday, the 22nd of July 2023 at 6.00 p.m. Many Congratulations Ann Geetha and all the best!
- Rtn PHF Ganesh G T Bhat was installed to office as the General Secretary of Rotary South Asia office Rotaract Multi District information organization in a function held at Mahabalipuram on Saturday, the 22nd of July 2023. Many Congratulations Rtn Ganesh G T and all the best!
- Rtn PHF S.S. Nayak was the Anchor of "BUSINESS TONIC" programme broadcasted by Namma Kudla 24 x 7 TV News Channel on Sunday, the 23rd of July 2023 at 10.00 a.m. Many Congratulations Rtn SS Nayak!

BIRTHDAYS

22nd July 2023: Annet Shibani Alva (D/o Rtn Janardhan Alva)

25th July 2023: John Prakhyath (S/o Rtn PP PHF K.M. Hegde)

With Best Compliments From:

Rtn Vikas Kotian

Member, Rotary Club of Mangalore Central

THIS MEETING

28.07.2023 - FRIDAY - HOTEL MOTI MAHAL - 8.00 P.M. - TALK BY MR. GOKULDAS PAI,

CHAIRMAN, WASHINGTON DC CHAPTER OF ICAI AND EXECUTIVE, WORLD BANK -

INDIAN ECONOMY v/s WORLD ECONOMY. - PLEASE ATTEND

BOARD MEETING

03-8-2023 - THURSDAY - 8.00 PM - HOTEL WOODLANDS THE MEETING OF THE BOARD OF DIRECTORS OF THE CLUB FOR THE MONTH OF AUGUST WOULD BE HELD AT HOTEL WOODLANDS ON THURSDAY, THE 3rd OF AUGUST 2023 AT 8.00 PM ALL BOARD MEMBERS ARE REQUESTED TO ATTEND THE MEETING WITHOUT FAIL

NEXT MEETING

04-8-2023 - FRIDAY - HOTEL MOTI MAHAL - 8.00 P.M. - THE BUSINESS MEETING OF THE CLUB FOR AUGUST WOULD BE HELD IN THE NEXT MEETING OF THE CLUB TO BE HELD ON FRIDAY, THE 4th OF AUGUST 2023 AT HOTEL MOTI MAHAL AT 8 PM ALL MEMBERS ARE REQUESTED TO ATTEND THE MEETING WITHOUT MAIL - PLEASE ATTEND

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